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### **Postural Tachycardia Syndrome:**

As constituents may know, PoTS is a condition that is little understood and this lack of understanding can add to frustration for patients who are unable to receive clarity on their health. But many patients with PoTS can and do improve or manage their symptoms through a combination of medically guided treatments and lifestyle changes.

I believe we must create a healthcare system that allows more patients to do that. Chronic conditions are best dealt with by continuity of care. Yet according to a 2023 Parliamentary Select Committee report, under this Government continuity of care has been severely diminished and “is no longer standard” within the NHS. For patients with complex conditions that are poorly understood, the experience of having to explain their needs repeatedly to unfamiliar staff can make an already difficult experience even harder. GPs are the front door to the NHS, and by solving the crisis in General Practice we can better support patients with long-term or chronic conditions, allowing them to access further clinical care where needed.

At the same time as rebuilding the NHS, we must also harness Britain’s capacity for groundbreaking research so that conditions such as PoTS can be better understood. The NHS is a unique environment for researchers to conduct clinical trials and improve our knowledge of less prevalent conditions. But under this government this opportunity is being wasted, and the research industry is in decline. I believe we should make Britain’s clinical research more efficient by cutting unnecessary bureaucracy which limits the speed at which trials are set up. We also need to create joined up registries to connect patients to clinical trials, allowing data-enabled recruitment.

An NHS fit for the future offers hope to patients with conditions like PoTS. I will continue to make the case in Parliament for the reforms that the NHS needs in 21<sup>st</sup> century Britain. Thank you for contacting me about this important issue.

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